

Faculty	Health
Disciplines	Sport and Exercise Science
Courses	Undergraduate Course Bachelor of Sport and Exercise Science [274JA] Bachelor of Exercise Physiology and Rehabilitation [266JA]  Postgraduate Courses Graduate Certificate in Human Movement Science [868AA] Graduate Certificate in Sports Analytics [363JA]

Ethical Behaviour

## Rationale

Knowledge, understanding and compliance with Australian Law and professional regulations facilitate professional, responsible, and accountable graduates and are necessary to work effectively and meet professional accreditation requirements.

Related Professional Requirements:

[Privacy Act 1988](#)

[National Code of Conduct for Health Care Workers](#) – *this sets a minimum standard of conduct and practice for health workers who are not registered under the [National Registration and Accreditation Scheme \(NRAS\)](#), which includes self-regulated professions under Exercise and Sports Science Australia.*

[Health Practitioner Regulation National Law \(ACT\)](#)

Exercise Sport Science Australia: [ESSA Professional Standards](#);

[National Alliance of Self Regulating Health Professionals \(NASRHP\)](#)

## Examples

Comply with the requirements for student registration with Exercise Sport Science Australia and policies of clinical facilities (e.g., Work Health and Safety Act and uniform requirements).

Obtain informed consent prior to assessment and intervention in the community and clinical setting.

Prepare and provide documentation according to legal requirements and accepted procedures and standards.

### Rationale

Communication skills are an essential requirement to develop and maintain trusting relationships, and to perform effectively in an academic and complex professional environment, as well as to solve problems and communicate knowledge and understanding of relevant subject matter effectively.

### Examples

Listening to the client/patient and synthesising what is actually being conveyed, communicating the person's needs, requirements and/or feedback.

Ability to extract relevant patient information to provide best evidence-based care.

Interpret verbal and written feedback from subjects to aid in the safe and effective delivery of exercise.

## 3. Interpersonal Interaction Skills

### Inherent Requirement

Respectful interactions with others, including the ability to listen, communicate with safe and inclusive language, display empathy, build rapport and facilitate therapeutic alliance to ensure meaningful and effective interactions with people they engage with.

### Rationale

Facilitating safe and respectful interactions with all individuals is essential for developing and maintaining transparent and trusting relationships, performing effectively in both academic and complex professional environments, solving problems in partnership with others, and communicating knowledge and understanding of relevant subject matter effectively to diverse audiences.



## Cognitive Skills

### Inherent Requirement

Acquire knowledge, process information, analyse, think critically, and synthesise information to apply knowledge of the discipline and sufficiently meet learning outcomes and academic standards relevant to the course, utilising cognitive, numeracy and literacy skills, including focus, memory, and attention to detail.

### Rationale

Cognitive skills are essential in acquisition and application of knowledge in both the academic and professional environment.

### Examples

Ability to conceptualise and use appropriate knowledge in response to academic assessment items.

Gather, comprehend, and organise information (e.g., take a client's health history and pre-screening, choose and conduct assessment measures to inform appropriate prescription or management plan; interpret results, diagrams, graphs, and ECG tracings accurately.)

Accurately undertake arithmetic calculations (e.g., calculate the intensity required for exercise training adaptation based on VO<sub>2</sub> sub-maximal test).

