Version1.0, release date August 2024

This document provides explanatory notes for users of the 2023 Regional Wellbeing Survey (RWS) Data Tables, and definitions of the regions and groups that are reported in the Data Tables.

Each measure is reported on a separate tab, with a 'contents' tab that can be used to direct you to the measure you are interested in. The data can be sorted in any way that is suitable (for example, by state, or by type of region or group).

Information about the Regional Wellbeing Survey and the data we collect is available at www.regionalwellbeing.org.au.

The data in the data table spreadsheet were produced from the 2023 Regional Wellbeing Survey. The can be accessed via our website at: https://www.regionalwellbeing.org.au/the-data-tables/.

The 2023 RWS Data Tables are presented in an excel spreadsheet, with each measure reported on a separate tab at the bottom of the excel screen. The following tabs are included:

Cover tab

Short explanatory notes tab explaining where this document can be found Contents tab containing links to each of the different measures reported Total respondents tab reports the total number of people who completed the 2023 RWS for each region/group reported. Note that not all questions were asked of each respondent, and not all respondents answered every question presented to them. Total responses for each individual measure reported is therefore different.

Each measure is then reported on a separate tab

Each data tab includes the region or group being reported, the type of region or group being reported, and the relevant state or territory that the region or groups being reported is from. The measure being reported is described at the top of the sheet, and the results are presented as a mean (average) score as well as a proportion (%) of the total respondents. The total number of responses for each group being reported for each measure is also included.

You may reproduce the data in the 2023 RWS Data Tables spreadsheet for any purpose, providing you acknowledge the data source. Data should be cited as being sourced from the 2023 Regional Wellbeing Survey Data Tables, version 1.00, August 2024.

The data presented in the Data Tables spreadsheet are from a survey of adult residents of Australia. All surveys have some bias in the responses they receive. The 2023 Regional Wellbeing Survey data have, except where otherwise noted, been weighted to adjust for differences between demographics observed in the sample and known benchmarks taken from the 2021 (where available) Census of Population and Housing. The weighting procedure used was the 'Rake Weights'

New South Wales (NSW) includes all of NSW including the large metropolitan areas of Sydney and surrounding suburban areas. In total, 4315 people from NSW took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Regional New South Wales includes all of NSW except the large metropolitan areas of Sydney and surrounding suburban areas. The Metropolitan areas of Sydney and surrounding suburbs are reported as urban New South Wales. In total, 3720 people who live in regional NSW and 586 who live in urban NSW took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Victoria (Vic) includes all of Victoria including the large metropolitan areas of Melbourne and surrounding suburban areas. In total, 3450 people from Victoria took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Regional Victoria includes all of Victoria except the large metropolitan areas of Melbourne and surrounding suburban areas. The Metropolitan areas of Melbourne and surrounding suburbs are reported as urban Victoria. In total, 3096 people who live in regional Victoria and 340 who live in urban VIC took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Queensland (Qld) includes all of Queensland including the large metropolitan areas of Brisbane and surrounding suburban areas. In total, 1540 people from Queensland took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Regional Queensland includes all of Queensland except the large metropolitan areas of Brisbane and surrounding suburban areas. The Metropolitan areas of Brisbane and surrounding suburbs are reported as urban Queensland. In total, 1297 people who live in regional Queensland and 236 who live in urban Queensland took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

South Australia (SA) includes all of SA including the large metropolitan areas of Adelaide and surrounding suburban areas. In total, 1251 people from SA took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Regional South Australia includes all of SA except the large metropolitan areas of Adelaide and surrounding suburban areas. The Metropolitan areas of Adelaide and surrounding suburbs are reported as urban South Australia. In total, 1118 people who live in regional SA and 123 who live in urban SA took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Western Australia (WA) includes all of WA including the large metropolitan areas of Perth and surrounding suburban areas. In total, 494 people from WA took part in the 2023 Regional Wellbeing Survey, although not all these people answered every question on the survey.

Regional Western Australia includes all of WA except the large metropolitan areas of Perth and surrounding suburban areas. The Metropolitan areas of Perth and surrounding suburbs are reported

as urban Western Australia. In total, 406 people who live in regional WA and 83 who live in urban WA took part in the 2023

RDA

State/ To Territory re

Total responses in 2023

RDA	State/ Territory	Total responses in 2023	LGAs located in this RDA (note that in the 2023 RWS, responses were achieved from the majority of LGAs listed, but not from all)
Grampians	Vic	510	Ararat, Ballarat, Golden Plains, Hepburn, Hindmarsh, Horsham, Moorabool, Northern Grampians, Pyrenees, West Wimmera, Yarriambiack
Hume	Vic	883	Alpine, Benalla, Greater Shepparton, Indigo, Mansfield, Mitchell, Moira, Murrindindi, Strathbogie, Towong, Wangaratta, Wodonga
Loddon Mallee	Vic	917	Buloke, Campaspe, Central Goldfields, Gannawarra, Greater Bendigo, Loddon, Macedon Ranges, Mildura, Mount Alexander, Swan Hill
Melbourne	Vic	231	Banyule, Bayside, Boroondara, Brimbank, Cardinia, Casey, Darebin, Frankston, Glen Eira, Greater Dandenong, Hobsons Bay, Hume, Kingston, Knox, Manningham, Maribyrnong, Maroondah, Melbourne, Melton, Monash, Moonee Valley, Moreland, Mornington Peninsula, Nillumbik, Port Phillip, Stonnington, Whitehorse, Whittlesea, Wyndham, Yarra, Yarra Ranges
Central and Western Queensland	Qld	71	Banana, Barcaldine, Barcoo, Blackall-Tambo, Central Highlands, Diamantina, Gladstone, Livingstone, Longreach, Rockhampton, Winton, Woorabinda
Darling Downs and South West	Qld	878	Balonne, Bulloo, Goondiwindi, Maranoa, Murweh, Paroo, Quilpie, Southern Downs, Toowoomba, Western Downs
Ipswich, West Moreton, Moreton Bay and Sunshine Coast, Logan and Redlands, Gold Coast (Grouped RDAs)	Qld	226	Gold Coast, Ipswich, Lockyer Valley, Logan, Moreton Bay, Noosa, Redlands, Scenic Rim, Somerset, Sunshine Coast
Moreton Bay and Sunshine Coast (Grouped RDAs)	Qld	132	Moreton Bay, Noosa, Sunshine Coast
Townsville and North West	Qld	86	Boulia, Burdekin, Burke, Carpentaria, Charters Towers, Cloncurry, Doomadgee, Flinders, Hinchinbrook, McKinlay, Mornington, Mount Isa, Palm Island, Richmond, Townsville
Townsville and North West, Greater Whitsunday (RDAs grouped)	Qld	110	Boulia, Burdekin, Burke, Carpentaria, Charters Towers, Cloncurry, Doomadgee, Flinders, Hinchinbrook, Isaac, Mackay, McKinlay, Mornington, Mount Isa, Palm Island, Richmond, Townsville, Whitsunday

RDA	State/ Territory	Total responses in 2023	LGAs located in this RDA (note that in the 2023 RWS, responses were achieved from the majority of LGAs listed, but not from all)
Tropical North	Qld	84	Aurukun, Cairns, Cassowary Coast, Cook, Croydon, Douglas, Etheridge, Hope Vale, Kowanyama, Lockhart River, Mapoon, Mareeba, Napranum, Northern Peninsula Area, Pormpuraaw, Tablelands, Torres, Torres Strait Island, Weipa, Wujal Wujal, Yarrabah
Wide Bay Burnett	Qld	118	Bundaberg, Cherbourg, Fraser Coast, Gympie, North Burnett, South Burnett
Adelaide Hills, Fleurieu and Kangaroo Island	SA	384	Adelaide Hills, Alexandrina, Kangaroo Island, Mount Barker, Victor Harbor, Yankalilla
Adelaide Hills, Fleurieu, Kangaroo Island & Barossa, Gawler, Light and Adelaide Plains (RDAs grouped)	SA	439	Adelaide Hills, Adelaide Plains, Alexandrina, Barossa, Gawler, Kangaroo Island, Light, Mount Barker, Victor Harbor, Yankalilla
Adelaide Metropolitan	SA	87	Adelaide, Burnside, Campbelltown, Charles Sturt, Holdfast Bay, Marion, Mitcham, Norwood Payneham and St Peters, Onkaparinga, Playford, Port Adelaide Enfield, Prospect, Salisbury, Tea Tree Gully, Unley, Walkerville, West Torrens
Eyre Peninsula and Far North (RDAs grouped)	SA	74	Anangu Pitjantjatjara, Ceduna, Cleve, Coober Pedy, Elliston, Flinders Ranges, Franklinn1ħBT/F1 11.04 Tf1 0 0 1

RDA	State/	Total	LGAs located in this RDA (note that in the 2023 RWS, responses were achieved from the majority of LGAs
	Territory	responses	listed, but not from all)
		in 2023	

State/	Location	Total
Territory		responses in 2023

business leaders has been established. For more information on Regional Partnership regions, see <a href="https://www.rdv.vic.gov.au/regional-partnerships/partnerships">https://www.rdv.vic.gov.au/regional-partnerships/partnerships</a>.

The 2023 RWS Data Tables report responses from the Murray Darling Basin.

The 2023 RWS Data Tables reports responses from the MDB as a whole, as well as from the northern parts of the MDB (QLD and northern NSW) and the southern parts of the MDB (SA, Victoria and southern parts of NSW). The Northern and Southern Basin were defined based on the definitions. Under this definition, the southern basin contains:

New South Wales Murray and Lower Darling, Northern Victoria, Eastern Mount Lofty Ranges, Lachlan, Victorian Murray, Wimmera-Mallee (surface water), South Australian Murray Region, South Australian River Murray, Australian Capital Territory (surface water), Murrumbidgee. The Northern Basin contains: Gwydir, Intersecting Streams, Barwon-Darling Watercourse, Condamine-Balonne, Namoi, New South Wales Border Rivers, Macquarie-Castlereagh, Queensland Border Rivers-Moonie, Warrego-Paroo-Nebine catchments.

Since 2020, the Data Tables include reporting for Primary Health Networks. There are 31 PHN's across Australia. Data are reported for each PHN with a sufficient sample size, as part of the Data Tables. These

Socio-demographic group	Description	Total
		responses in 2023
Aged 65+ (Female)	All 2023 RWS participants aged 65 years and older who identified as female	2725
Aged 18-29 (Male)	All 2023 RWS participants aged 18 to 29 years old who identified as male	109
Aged 30-44 (Male)	All 2023 RWS participants aged 30 to 44 years old who identified as male	409
Aged 45-64 (Male)	All 2023 RWS participants aged 45 to 64 years old who identified as male	1249
Aged 65+ (Male)	All 2023 RWS participants aged 65 years and older who identified as male	2957
Regional Australia (female)	2023 RWS participants living in regional Australia who identified as female	5788
Regional Australia (male)	2023 RWS participants living in regional Australia who identified as male	4120

A farmer was classified as an irrigator if they indicated they irrigated all or part of their land from irrigation channels, rivers, lakes or groundwater. A farmer was classified as a dryland farmer if they indicated they are a dryland farmer on part or all of the land they manage.

Table 4 describes the groups and the responses received for each group.

Type of farmer	Description	Total
		responses
		in 2023
Farmer	All 2023 RWS participants who were classified as farmers	1761